

Sensorimotor Routine Lesson Plan

Student	Isaiah S.	Materials	Spoon, cloth, applesauce, tray, dish, now container, finished container
Routine	Eat	Position	In wheelchair with elbow cuffs off and G-tube button protected
Teaching partner	Eileen	Frequency	1 x per day
Observing team members	SLP, OT, VI, AI	Duration	15 tastes (approximately ten minutes)
Location	Kitchen area of classroom at table	Data period	February 2-6

Learner's Steps	Partner's Supports and Accommodations	Embedded Goals Target level: Attention/Exploration	Documentation
1. Get ready	Wheel Isaiah to kitchen table. Say "It's time to eat." Sign "Eat." Remove elbow restraints.		
2. Read calendar	Put now container and cloth on yellow tray on table in front of Isaiah. Pick up now container. Present spoon in black now container in lower left visual quadrant. May need to attract attention by touching arm or body with container.	Isaiah will demonstrate anticipation of the second (get spoon) of two closely associated events by looking at or reaching for his spoon after having his elbow restraints removed. (Attention level goal)	M: N T: Y W: Y TH: N F: Y

	Accommodate visual targets by using high contrast yellow grip on spoon in black now container. Provide elbow support if necessary to touch spoon after look.		
3. Help put cloth on	Wait for Isaiah to look at the cloth on the tray. Put cloth on after look.		
4. Get spoon	Say, "Get spoon." Provide elbow prompt if necessary. Provide HUH support if necessary. Put red glove on your hand. Use hand under hand support to model eating motion with spoon.	Isaiah will demonstrate anticipation of the second (get spoon) of two closely associated events by looking at or reaching for his spoon after putting on his cloth. (Attention level goal)	M: Y T: Y W: N TH: N F: Y
5. Pull red glove hand to mouth for bite (x 15)	Wait for pull before delivering bite.	Isaiah will demonstrate understanding of the cause and effect relationship between pulling his partner's hand and getting a bite of food. (Exploration level goal)	M: Y x 15 T: Y x 15 W: Y x 15 TH: Y x 15 F: Y x 15
6. Place spoon in finished container.	Model spoon placement with HUH support. placement on tray is attempted. Say, "All done." Sign "Finished."		
7. Help remove cloth	HUH support to remove cloth.		
8. Help wipe face	Say, "Wipe face." HUH support to wipe face.		

