

## Sensorimotor Routine Lesson Plan

<b>Student</b>	Freddie	<b>Materials</b>	IPad, tub, water bottle, brush, mirror
<b>Routine</b>	Hair	<b>Position</b>	Seated in Rifton chair
<b>Teaching partner</b>	Windy	<b>Frequency</b>	3 x daily
<b>Observing team members</b>	Vi, OT, PT, SLP	<b>Duration</b>	10 minutes
<b>Location</b>	Classroom, large work table	<b>Data period</b>	February 2-6

<b>Learner's Steps</b>	<b>Partner's Supports and Accommodations</b>	<b>Embedded Skills Target level: Function</b>	<b>Documentation</b>
1. Touch brush picture on IPad to begin activity	Place the IPad on the table in front of Freddie. Brush only picture on page. Wait for Freddie to visually fixate on the picture. Provide elbow support for touching if necessary.	Freddie is learning a new function of his IPad. He knows its function as a toy. In this routine, he demonstrates his understanding of its function as a choice making device, by touching a picture to request an activity.	- + + + +
2. Grasp water bottle to request spray.	Visually model taking the water bottle out of the tub. Place the water bottle on the table. Tap it on the table to attract Freddie's visual attention. Wait up to ten seconds for Freddie to reach for and grasp the	Freddie will demonstrate understanding of the function of the water bottle by grasping the object to initiate the associated event (get water for scalp massage).	+ + + + +

	<p>water bottle.</p> <p>If no reach, provide elbow support.</p>		
<p>3. Wet hand by touching water sprayed in teacher's hand.</p>	<p>Visually model spraying water in teacher's hand.</p> <p>Provide wrist support to help Freddie touch the water.</p>		
<p>4. Rub water on hair.</p>	<p>Wait for Freddie to initiate lifting his hand to his head.</p> <p>After he lifts his hand, provide elbow support to help him raise his hand to his hair.</p> <p>Massage his hair for 15 seconds.</p>		
<p>5. Repeat steps 2-4 until Freddie no longer touches the water bottle within ten seconds.</p>	<p>Say, "More water, Freddie?"</p> <p>Freddie often shakes his head. If his hair is touching you, he is playing with his hair, not saying "No." If he moves his head downward, away from your body and shakes his head, take it as a "No."</p>		
<p>6. Look at wild hair.</p>	<p>Place the mirror in front of Freddie's face in his central visual field.</p> <p>Wait ten seconds for him to find his face in the mirror.</p> <p>If he does not fixate on his face within that time, move the mirror to the area of his gaze.</p>	<p>Freddie will demonstrate understanding of the function of the mirror by moving his head to frame his face and by maintaining a three second fixation on his face.</p>	<p>+ - - +</p>
<p>7. Grasp brush to request</p>	<p>Same as 2.</p>	<p>Freddie will demonstrate</p>	<p>+ + + + +</p>

brushing.		understanding of the function of the brush by grasping the object to initiate the associated event (hair gets brushed).	
8. Brush hair.	Same as 4. Brush for 15 seconds.		
9. Repeat 7 and 8 until Freddie does not grasp the brush within ten seconds.	Same as 4.		
10. Look at handsome hair.	Same as 6.	Same as 6.	+ + + - -
11. Put water bottle and brush back in tub.	Visual modeling and elbow support after grasp.		